

120 HOURS PRACTICE
RECOMMENDED

Learners

WHEN: 16 YRS

TOP TIPS

- Encourage learner to use the interactive quizzes on drive.govt.nz and questions on aa.co.nz to prepare for the test.
- Take a refresher yourself! Visit drive.govt.nz and encourage side by side mentoring with your teen.
- Once the Learners licence is obtained, give them the wheel! All drivers have to start somewhere.
- Check out the **3 free lessons** available at AA Ignition.
- Give your learner as many opportunities as possible to gain 120 hours experience driving **short or long distances in all conditions.**

YOU MUST NOT DRIVE ON
YOUR OWN BETWEEN
10PM - 5AM

Restricted

WHEN: FOLLOWING AT LEAST
6 MONTHS ON FROM LEARNERS

CONDITIONS TO NOTE!

- You can drive on your own but **NOT** between 10pm and 5am - If you drive between these times you must have a supervisor who has held a full NZ car licence for 2 years.
- If you sat the restricted test in an automatic vehicle, your restricted licence will say that you can only drive automatic vehicles.
- You cannot carry passengers unless you have a supervisor with you. The **only** passengers you can carry without a supervisor are your spouse, parent or guardian.
- There is a **zero alcohol** limit if you are under 20.

15 - 19 year olds are
7 times more likely to crash

WHAT CAN PARENTS DO
TO HELP?

- **Continual parent supervision** is important to becoming a safe and responsible driver - especially in less familiar conditions.
- Educate on **risks and distractions** such as phones and friends.
- Remind them of the importance, stats, and reasoning behind the **'no passengers'** rule to give it some context - this can be supported with strategies for saying 'no' to passengers.
- Discuss strategies for **managing pressure to speed**, e.g. route and time planning, and not attempting to make up time on the road.

Restricted

(OR 12 MONTHS IF YOU'VE PASSED A DEFENSIVE DRIVING COURSE).

Full

WHEN: FOLLOWING AT LEAST 18 MONTHS ON FROM RESTRICTED

TOP TIPS

- Book a lesson with a driving instructor to check you're ready before you decide to sit your full.
- The test assesses your ability to recognise and respond to hazards, not just drive.
- Check your car is up to WOF standard before your test - e.g. working lights, horn, tyres etc.
- Make sure you have all the documentation you need.
- Head to drive.govt.nz for links and info on all the above!

drive.govt.nz

AA

aa.co.nz
0800 500 444

AA Driving School

aa.co.nz/drivers/learn-to-drive-the-aa-way/road-code-quiz

AA Ignition

aa.co.nz/drivers/learn-to-drive-the-aa-way/aa-ignition

NZTA

Learn more about the driver licensing process at
nzta.govt.nz/driver-licences

contacts



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PARENTS GUIDE

to encouraging and
supporting the driver
licensing journey

