

Activity Outline



Activity Name: Traffic Jam

Principle:

Sober drivers

Safe speeds

No distractions

Avoiding risks

Driving to the conditions

Building experience

Summary: Participants make 'cars' out of cardboard boxes that they wear with straps over their shoulders. Set up an obstacle course or crowded grid that simulates a busy parking lot. Instruct participants to make their way through the course as fast as they can (crashes and difficulties should ensue) and time how long it takes for them to make it to the end. Have participants then repeat the course, taking more time and care to avoid collisions. Hold a discussion with participants at the end, comparing the times and ask if the extra time was worth it.

Current Available Resources:

There are free resources available on the SADD website to support your activity such as posters that can be used for advertising and stickers and conversation cards to give out to participants.

Notes:

If you have time, you could have making and decorating the boxes an additional activity to start.

Use Facebook and school notices to promote the activity.

Hold an assembly following the activity to reinforce the message and ensure everyone understands the learning behind it.

You could approach local businesses about sponsoring spot prizes for the event or purchase SADD merchandise from the website.